

**In the Claims:**

1 – 14. (Canceled).

15. (Original) A method of inducing strain in a first element, the method comprising the steps of attaching to the first element, or integrally forming with the first element, a second element of porous crystalline material and subjecting said second element to light.

16. (Original) The method of claim 15, wherein said porous crystalline material is selected from the group consisting of porous silicon, or other material with conductive channels and isolating channels such as spaces.

17. (Original) The method of claim 15, wherein said second element is made of a crystalline material.